Welcome!

TOURISTIC INFORMATION FOR INTERNATIONAL RESEARCHERS
Welcome to Mainz!

Willkommen in Mainz! small, charming, and with an amazing location near cities such as Frankfurt, Wiesbaden, and Darmstadt, right beside the Rhein River, Mainz has a lot to offer, and you will find a rich repertoire of activities in the fields of culture and arts, nature, sports, gastronomy, and science.

In this brochure you will find the perfect to do list for your arrival in Mainz, catered to your interests, to get to know the city and the region in no time!

Forum Universitatis, the main entrance to the university.
Mainz Cathedral

Built in the year 1037, it is one of the most important and famous sacral buildings in the Rhine area.

The inner garden is beautiful in all seasons, and the Dom-museum will provide insight into the construction of the building and its historical relevance for Mainz. It is truly the heart of the city.

The "Dom" holds the history of the city in its walls, so don´t miss it!

You can find their opening hours under this link: https://bistummainz.de/dom-mainz/dominformation/dombesuch/

If you are interested in attending mass at the Dom, you can check the planned services in their website: https://bistummainz.de/dom-mainz/gottesdienste/gottesdienstzeiten/
Gutenberg Museum

Ever heard of the moving letter print? Johannes Gutenberg invented it, right here in Mainz! In his museum you will find everything about his life and his history-making invention. It’s right beside the cathedral.

Rhine Valley and River

Declared as UNESCO World Heritage, the Rhine Valley is perfect for nature and wine lovers. Full of picturesque villages and vineyards, it’s one of the most beautiful landscapes of the region. Hop on a boat and let it take you on a ride along the river, starting in Mainz.

The Victor-Hugo-Shore at Winterhafen

If the weather is nice, enjoy the view of the river at Winterhafen or Zollhafen with a good book.
Staatstheater Mainz

If you enjoy the dramatic arts, the Staatstheater is the place for you. Our dance company is very renowned and always coming up with new presentations. There is a vast offer of classic theater, operetta, and modern plays. Be on the lookout for the festivals, where you can go behind the scenes and attend conferences in the theater. Get your tickets!

St Stephans Church

Here you will find stained-glass windows designed by the famous painter Marc Chagall. They give the church a beautiful light and atmosphere that you won´t find anywhere else. Once outside, you will have a beautiful view over the city and the church´s garden.
Volkspark

Perfect if you want some time around nature and don’t want to go somewhere outside the city. Go on a picnic with your family or friends, play Mini-Golf, go biking, take a walk or even skate!

Perfect spots for picnicking or taking a walk at the Volkspark

There are open areas where you can grill, and beautiful gardens that change every season.
Music and Theater

- Mainzer Staatstheater
  - Gutenbergplatz 7
  - Telephone: 06131 2851222
  - [www.staatstheater-mainz.com/web/](http://www.staatstheater-mainz.com/web/)

- Unterhaus Mainz
  - Münsterstraße 7
  - Telephone: 06131 232121
  - [www.unterhaus-mainz.de/](http://www.unterhaus-mainz.de/)

- Mainzer Kammerspiele
  - Malakoff Passage, Rheinstraße 4
  - Telephone: 06131 225002
  - [www.mainzer-kammerspiele.de/](http://www.mainzer-kammerspiele.de/)

- Galli Theater Mainz
  - Kurt-Schumacher-Straße 41B
  - Telephone: 06131 4925313
  - [https://galli-mainz.de/](https://galli-mainz.de/)
Architecture

- Mainzer Cathedral and Diosezansmuseum
  - Markt 10
  - Telephone: 06131 253412
  - [https://bistummainz.de/dom-mainz/](https://bistummainz.de/dom-mainz/)
- St. Stephans Church
  - Kleine Weißgasse 12
  - Telephone: 06131 231640
  - [https://bistummainz.de/pfarrei/mainz-st-stephan/](https://bistummainz.de/pfarrei/mainz-st-stephan/)
- Roman Aqueduct
  - Untere Zahlbacher Strasse
  - [https://mainz.de/tourismus/sehenswertes/roemersteine.php](https://mainz.de/tourismus/sehenswertes/roemersteine.php)

The classic old and modern new houses near Winterhafen are a must-see for architecture lovers
Museums

• Gutenberg-Museum
  o Liebfrauenplatz 5
  o 06131 122503
  o [https://www.mainz.de/microsite/gutenberg-museum/splash-page.php](https://www.mainz.de/microsite/gutenberg-museum/splash-page.php)

• Römisch-Germanisches-Zentralmuseum
  o Ernst-Ludwig-Platz 2
  o Telephone: 06131 91240
  o [https://web.rgzm.de/museen/roemisch-germanisches-zentrummuseum-mainz/](https://web.rgzm.de/museen/roemisch-germanisches-zentrummuseum-mainz/)

• Museum für Antike Schifffahrt
  o Neutorstraße 2b
  o Telephone: 06131 2866316
  o [https://web.rgzm.de/museen/museum-fuer-antike-schifffahrt-mainz/](https://web.rgzm.de/museen/museum-fuer-antike-schifffahrt-mainz/)

• Landesmuseum Mainz
  o Große Bleiche 49-51
  o Telephone: 06131 28570
  o [https://landesmuseum-mainz.de/de/startseite/](https://landesmuseum-mainz.de/de/startseite/)

• Cadoro-Zentrum für Kunst und Wissenschaft
  o August-Horch-Straße 14
  o Telephone: 06131 2191883
  o [https://zkw.vanderkoelen.de](https://zkw.vanderkoelen.de)
Parks and nature

- Volkspark
  - Access through the Göttelmannstraße.
- Stadtpark
  - Located in Weisenau, between the Altstadt and the Oberstadt.
- Botanischer Garten
  - Located in the University behind the biology buildings.
- Winterhafen
  - Near the Stadtpark, behind the Malakoff Passage, this Rhein shore is the perfect picnic spot.

*The Botanical Garden at the University, perfect for a quick walk around nature during your lunch break*
Eat like a local! – Gastronomy in Mainz

Mainz is best known its rich culture around wine, which comes paired up with a rich gastronomical culture that you can enjoy!

- “Weck, Worscht und Woi” the traditional platter in Mainz, an assortment of cold meats, sausages and served with wine
- Try Spundekäs, a traditional cream cheese and paprika dip that is usually paired up with mini pretzels
- Handkäs is a very low-fat cheese served with vinegar and oil. You can pair it up with onions, typically referred to as “with music”

Here are a few places and events you can sample the local cuisine at:

- Marktfrühstück
  - Go wine tasting from local producers. Wine and food culture directly from the source!
  - Here is the timetable for the Marktfrühstück: https://www.diemainzerwinger.de/images/pdf/Marktfrhstck_2022_B.pdf
- Gastronomical recommendations from the city: https://www.mainz.de/freizeit-und-sport/essen-und-trinken/gastronomiefuehrer-fuer-mainz.php
Sports

- Mainz 05 Arena

The home of the local soccer team, the Mainz 05. Come dressed in red and white to show your support! Further information about the matches under this link: https://www.mainz05.de/

- Skaterparks
  - If you are a fan of skating, get your board and head here for to practice your skills: https://www.jugend-in-mainz.de/skateranlagen.html

- Golf and Minigolf
  - The Mainz Golfclub is well known in Germany. Find their offers and fees under this link: https://www.mainzer-golfclub.de/
  - If you are looking for a more relaxed option, try out the Minigolf at the Volkspark: https://www.minigolf-mz.de/

- Soccer Fields
  - Get your friends or family and gather for a soccer match on the Soccer Fields in Mainz-Bretzenheim: https://www.mainz.de/verzeichnisse/sportstaetten/bsa-mainz-bretzenheim.php
Roman Mainz

The origins of Mainz lie in roman times. Vestiges of the former inhabitants of the city are all around!

- **Roman Aqueduct**
  - [https://www.mainz.de/tourismus/sehenswertes/roemersteine.php](https://www.mainz.de/tourismus/sehenswertes/roemersteine.php)

- **Roman Theater**
  - [https://www.mainz.de/tourismus/sehenswertes/roemisches-buehnentheater.php](https://www.mainz.de/tourismus/sehenswertes/roemisches-buehnentheater.php)

- **Antique naval Museum**
  - [https://web.rgzm.de/museen/museum-fuer-antike-schifffahrt-mainz/](https://web.rgzm.de/museen/museum-fuer-antike-schifffahrt-mainz/)

- **Isis Relic**

The Roman Pillars or “Römersteine” are really close to campus and are a beautiful location for a walk.
Activities with children

There are many options for activities that are children oriented in Mainz.

- Museums such as the Landesmuseum, the Gutenberg-Museum and the Kunsthalle Mainz have “Kinderprogramme” with special offers for children.
- Tobolino – Indoor Playground with inflatable playgrounds, ball pits etc…
  - Dammweg 11 – Mainz Laubenheim
  - tobolino-mainz.de
- You can find a map specially made for children by the city administration under this address:
  - https://www.jugend-in-mainz.de/kinderstadtplan.html
  - Listed are all the playgrounds for which the city is responsible. There are around 271 to choose from.

Want more information?

- Website for touristic information from the Stadt Mainz: https://www.mainz.de/en/index.php
- Digital map of the city (printable and interactive): https://www.mainz.de/en/service/city_map.php
Let’s get connected!

/ jguinternationalstudents

/ unimainz_internationalstudents

/ www.unimainz.de/video/JGU_welcome
DIGITAL VERSION OF THIS GUIDE

IMPRESSUM:

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